



17 MINNEAKONING ROAD
 FLEMINGTON, NJ 08822
 Phone (908) 782-1777
www.shieldsgymnastics.net

FALL 2024 - 2025 CLASS SCHEDULE

Shields Gymnastics will be closed on the following dates: Labor Day September 2, Halloween October 31, Thanksgiving Break November 28-December 1, Winter Break December 22-January 1, Spring Break April 20-27,

& Memorial Day May 26, 2025. Last day of classes June 21, 2025

A waiver is needed for all new participants of Shields Gymnastics

CLASSES BEGIN TUESDAY SEPTEMBER 3, 2024

All classes are 55 minutes unless specified

Instructors and Schedules are subject to change without notice

Pre-School							
Age Group	Minutes	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2—3	45	4:00pm	5:00pm	4:00pm 5:00pm		4:00pm	10:00am 11:00am
3—4	45						9:00am 10:00am 11:00am
3—5	45	4:00pm 5:00pm	4:00pm 5:00pm	4:00pm 5:00pm	5:00pm		
4—6	55	4:00pm 6:00pm	4:00pm 6:00pm	4:00pm 5:00pm 6:00pm	4:00pm 6:00pm	5:00pm	9:00am 10:00am 11:00am
5—6	55					6:00pm	
Boys Classes							
Age Group		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6-9					4:00pm 7:00pm		
7+		8:00pm					
Tumbling							
Age Group		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Jr. Tumbling (ages 7—11)						5:00pm	

Sr. Tumbling (ages 11+)	8:00pm					

Girls Gymnastics

Age Group	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6—8	5:00pm (A/B) 6:00pm (B)	4:00pm (A/B) 5:00pm (A/B) 5:00pm (B)	5:00pm (A/B) 6:00pm (A/B) 7:00pm (A/B)	5:00pm (A/B)	4:00pm (A/B)	9:00am (A/B)
8—10		6:00pm (B/C) 7:00pm (A/B)	4:00pm (B) 7:00pm (B)	4:00pm (A/B) 7:00pm (B/C)	6:00pm (A/B)	
9+	7:00pm (B/C)		6:00pm (A/B)	6:00pm (A/B)		
10+	7:00pm (A/B)	7:00pm (B/C)	7:00pm (B)	7:00pm (B)		

Star Program

	Monday	Tuesday	Wednesday	Thursday	Friday
Mini Stars		5:00-6:00pm		5:00-6:00pm	
Shooting Stars	5:00-6:30pm		5:00-6:30pm		

USAG

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
USAG Level 3	4:30-7:30pm	4:30-7:30pm		4:30-7:30pm		
USAG Level 4	4:30-8:30pm		4:30-8:30pm		4:30-8:30pm	
USAG Level 5	4:30-8:30pm	4:30-8:30pm		4:30-7:30pm	4:30-8:30pm	
USAG Optional Levels	5:00-9:00pm	5:00-9:00pm	5:00-9:00pm	5:00-9:00pm		10:00am-2:00pm

JOGA

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
JOGA Pre-Team	6:00-8:00pm		6:00-8:00pm			
JOGA Team (All Levels)		5:30-9:00pm		5:30-9:00pm		

Other Programs

	Open Gym (Ages 7+)
	\$10 Member/\$15 Non-Member (waiver needed) Saturday 12-2pm * Not for beginners*

Private Lessons (30 mins) CALL TO SCHEDULE
\$40 Annual Registration (waiver needed) \$60 per lesson

FEE SCHEDULE	1 class a week \$105/mo 2 classes a week or 2 children \$199.50/mo 3 classes a week or 3 children \$294/mo 4 classes a week or 4 children \$388.50/mo	FITNESS CENTER	\$40 Annual Registration Fee and Waiver Required \$15/mo, \$150/yr Individual Unlimited Use \$25/mo, \$250/yr (2 family members) Unlimited Use \$5 Walk-In
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**Payment is due the first class of the month. At time of registration, a one-month security deposit and a \$40 annual registration fee (good for an entire calendar year) will be required for each student enrolling. There is a \$30 service charge for all checks returned by bank. All credit card refunds are subject to a 6% processing*

fee. Makeup class procedure: 4 make-ups per year. Please call to let us know your child will be missing class and call to schedule the make-up. Students must be currently enrolled to schedule a make-up class.